

Gane & Marshall

TAILOR-MADE DESTINATIONS

THE THREE PEAKS OF TANZANIA

Longido, Mt Meru, and Kilimanjaro in 13 days



Day 1 Arrival Longido – approx 10kms trekking

FBA

Gane and Marshall can arrange your flights to Nairobi or Kilimanjaro. If booking your own flights, you will need to arrive in Nairobi, Kenya early this morning for the shuttle bus to Longido, or alternatively, arrive Kilimanjaro Airport for a private transfer to Longido. On arrival in Longido you will be able to stretch your legs with a walk of up to one hour to your first camp, located in the foothills of the dramatic Mt. Longido. Here you will have a welcome lunch and briefing.

In the afternoon enjoy a trek in the surrounding area to help further acclimatise you to the African bush, to allow you to test your walking gear, and also to give you a real insight into typical African acacia bush country. Tonight will be spent in a camp hidden away in the foothills of Mount Longido. Keep your eyes open for the incredible star canopy above.

Day 2 Climb Longido, views of Meru & Kilimanjaro

FBA

You begin today with an early breakfast (0600hrs), followed by a tough trek into the foothills of Longido. Trek up to the Longido viewpoint (5487ft), where, on a clear day, you can look out across the plains to Meru, Africa's 4th highest mountain, and Kilimanjaro, Africa's highest, or west across the floor of the Great Rift Valley to the Crater Highlands on the very distant horizon.

After a break at the viewpoint, continue on towards the summit at 2,640m. There is a tough and exposed scramble near the top, which is only suitable for those with a head for heights and the ability to scramble.

Your Financial Protection

All monies paid by you for the air holiday package shown [or flights if appropriate] are ATOL protected by the Civil Aviation Authority. Our ATOL number is ATOL 3145.

For more information see our booking terms and conditions.



This will be the first mountain trek of this expedition and learning walking security from the Maasai guides will be very important. The forested slopes of Longido are rarely visited and home to many wild animals, including buffalo. It is very important to remain close to the local guides who know this mountain well.

After a rest at the summit, descend to meet the vehicles. Your transfer vehicles will take you across country to a forested camp in Arusha National Park, the foothills of Mt Meru, where you will have dinner and overnight. Arusha National Park is an outstandingly beautiful area with a wide range of habitats, from the string of crater lakes where many water birds can be watched, through the highland montane forest and on up to the imposing summit of Mt Meru. The park is home to a wide variety of animals

including buffalo, elephant, hippo, giraffe, zebra and a variety of antelope, blue monkey and black and white colobus monkey, leopard and hyena.

Day 3 Begin Mt Meru Climb - Miriakamba Hut

FBA

After breakfast, orientation and kit check, drive to the gate and register, before beginning the trek. Today's trek is through the rainforest that covers the foothills of Mt Meru. It's a relatively easy first day ascent, as you approach Miriakamba Hut (8,530ft / 2,600ms), where you overnight. Miriakamba Hut, located deep in the forest, is on a level section of land and from the edge you can catch glimpses of Kilimanjaro and the Momella lakes down below. (Note: accommodation on Mt Meru is in large bunkhouses. Camping is not allowed.)

The forest en route to Miriakamba Hut contains a wealth of birds and other animals, like the beautiful bushbuck easily glimpsed in the glades between the ancient cedar trees, or the black and white colobus monkeys climbing along their branches. Today's walk will proceed at a leisurely pace, so you'll have time to take in your surrounds.



Day 4 Climb to Saddle Hut

FBA

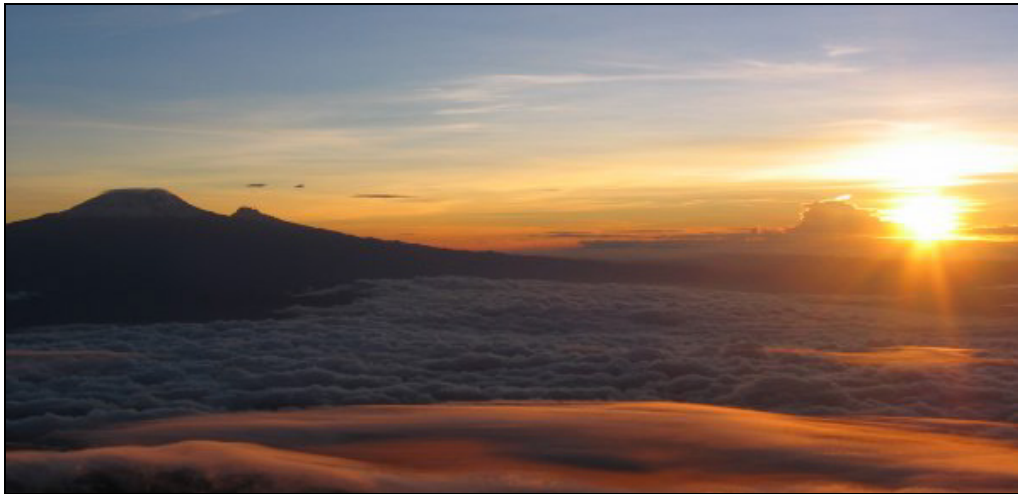
Continue up to Saddle Hut (11,808ft / 3,600ms.) The interesting geology of the area is reflected in the impressive view of the ash cone and the 1,500m cliff face leading to the summit of Mt Meru. Stop for lunch on arrival at Saddle Hut in the early afternoon. Afterwards, you may like to make the short climb to Little Meru (12,467ft / 3,801ms.), if only to help acclimatise you for tomorrow's trek to the summit. Otherwise, relax back at Saddle Hut.

Day 5 Mt Meru Summit Climb

FBA

Wake very early to begin the final climb to the summit of Mt Meru (14,967ft / 4,562ms.) It's a steep, and in places exposed climb to the top, as you contour around the crater rim, but the effort is well rewarded with

marvellous views of Kilimanjaro from the summit. Expect to reach the summit just after dawn, as the sun is still rising.



Admire the morning view, and then descend to Saddle Hut for late breakfast and continue down to Miriakamba Hut for supper and overnight.

Day 6	Descend Mt Meru – Drive to Arusha	FBA
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After breakfast descend to the gate. Afternoon transfer of approximately 90 minutes to Ilboru Lodge (or similar) in Arusha, for a welcome chance to shower, enjoy the bar, dinner & overnight.

Day 7	Begin Kilimanjaro climb via the Umbwe Route – Umbwe Cave	FBA
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Drive (around 3 hours) to the Umbwe Gate, southern flank of Kilimanjaro, where you register and begin your trek. Today's gently ascending trek leads to Umbwe Cave (9,350ft / 2,850ms), through the forest plantations and into the cloud forest proper. Approx. 4 hours trekking. Tonight's camp will be on small terraces within the forest, where tent space is limited but adequate.

Day 8	Barranco Camp	FBA
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Trek through the remaining forest into the heath zone. As you climb you will be able to enjoy wonderful views down into the Barranco Valley, a part of the Kilimanjaro massif that is clothed in dense rain forest; and, gradually appearing as you ascend higher, views up to the ice fields far above you.

There is some easy scrambling over rock slabs during today's ascent – because Umbwe is a little-trodden wilderness route, you will often have to negotiate your way past large tree roots and over natural steps in the trail.

Expect to reach Barranco Camp (13,000ft / 3,960ms) in the early afternoon. This is one of the most spectacular camps on Kilimanjaro; but from hereon be prepared to meet lots of other climbers who have come up the more popular Lemosho, Shira and Machame routes. Today's trek will take approximately 7 hours.

Day 9 Karanga Valley Camp

FBA

Early morning climb up the Barranco Wall (14,000ft./4270 mts. with a height gain of 800ft. steep and 400ft. easy ascent) to admire the views of Meru and the plains far below. This is a steep, tough climb.

At the top of Barranco, continue across the ridges and valleys to Karanga Valley, where you stop for lunch. In the afternoon, a vital acclimatising trek up the scree slopes toward the southern icefields, before returning to Karanga Valley Camp for dinner and overnight.

The trek to the first ice is optional but we strongly recommend it if you are feeling strong. The extra altitude acclimatisation will help you on the morrow and on summit night.



Day 10 Barafu Camp

FBA

Continue up to Barafu Camp, arriving earlier than most other parties, who will be coming all the way from Barranco. This allows us to keep to a steady pace, as the trek up Barafu Ridge is tough and exposed to cross winds and the elements.

After lunch, if you feel strong, trek up approx 300ft above the camp to aid acclimatisation, then come down and rest. Dinner will be early with an afternoon sleep to rest before the summit trek.

Day 11 Kilimanjaro Summit Climb

FBA

Rise around midnight to commence the trek up the scree slopes to Stella Point on the rim (18,860ft. / 5,750ms.) We should reach Stella at dawn and then continue around the rim to the highest point, Uhuru (19,340ft. / 5,895ms.) A few precious moments to enjoy the amazing views before we return to Stella Point & descend the scree via Barafu Ridge to Mweka Route High Camp (11,500ft. / 3,500ms).



This is to be the toughest day that many trekkers will have experienced, involving 3,340ft./1,020ms. of ascent, 7,800ft. / 2,390ms. descent, and 12 to 15 hours walking. It is also, however, victory day!

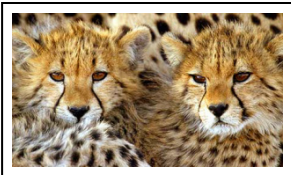
Day 12 Descend Kilimanjaro FBA

Walk down across the Alpine moorland to Mweka Gate for picnic, presentation of certificates & photos. Please note that this is a long 5 to 6 hours walk-off (some trekkers need even longer, especially if there is rain on the route). As the southern flank tends to be wet, it is quite likely that you will encounter very muddy conditions in the rainforest section on this last day. Please be prepared for this and do not expect an easy jaunt back to the gate! Nevertheless the route is very beautiful and worth the effort.

After a picnic lunch near the gate, drive to Ilboru Lodge (or similar) for a welcome hot shower, dinner and overnight.

Day 13 Departure FBA

Today is at leisure, unless you are continuing onto a safari or beach extension. After lunch (this can be included with shared day room on request), you will be met by our driver for the transfer to Kilimanjaro Airport for your homeward flight.



Safari Add-On

Numerous options for safaris can be arranged to follow your climb. All at affordable prices, from one-day to one-week safaris, camping or lodge, or both.



Zanzibar Add-On

A four night visit to the tropical island of Zanzibar will add £400 upwards to your tour cost. This includes all regional flights, transfers, and half board in a simple East Coast hotel.

Prices for this 13-day itinerary start from **£2276 pp** in a group of four to six climbers. For more information, or for a quote, please [contact us](#).