

# Nepal

## Rates for Treks & Climbs

This document will give you an indication of our basic Nepal trek prices excluding international flights. For a full quotation, please contact our office with details of your preferred dates, choice of accommodation, and group size.

### PRIVATE AND SMALL GROUP TOURS FOR OUR MOST POPULAR TREKS

ITINERARY	1 person	2 pers.	3-6 pers.
Everest Base Camp	<i>Please enquire</i>	£1,689	£1,633
Annapurna Circuit		£1,394	£1,298
Annapurna Base Camp		£1,173	£1,149
Mera Peak (based on travel during Spring peak season – lower rates apply for autumn season)		£2,790	£2,650
Island Peak extension to EBC		£790	

**International flights:** The prices above exclude international flights, but include Kathmandu-Lukla return (Everest Base Camp) and Kathmandu-Pokhara return (Annapurna region) flights where applicable.

**Accommodation:** Most itineraries will be priced based on local lodge/tea house accommodation, though in some cases you'll be staying in tents or a mixture of the two depending on the itinerary. Where costed on tea house accommodation, tents are also an option but will typically incur a supplement, due to the extra portage required. Accommodation in Kathmandu and Pokhara is in 3 or 4-star equivalent hotels (e.g. the Hotel Manaslu), with upgrade options available.

### Trade and Safety Profile

- ❖ Gane and Marshall, founded in 1991, are licensed under ATOL no. 3145 and ABTOT no. 5453.
- ❖ Gane and Marshall support KPAP for fair pay and conditions for Kilimanjaro porters and guides.
- ❖ Gane and Marshall fund at least one training scholarship p.a. to help Kili porters become guides.
- ❖ Gane and Marshall are members of the International Society of Mountain Medicine.
- ❖ Gane and Marshall have £10 million tour operator public and products liability insurance.