

KILIMANJARO SUMMIT CLIMB *Lemosho Eight Days Trek*



Day 01 1 night, Moivaro Lodge, Arusha

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On arrival at the airport, you will be met by our driver/guide and transferred to Moivaro Lodge for one night (dinner, bed and breakfast basis).

Moivaro Lodge is set on a working coffee plantation on the outskirts of Arusha. Removed from the busy city centre, it serves as a lovely base from which to enjoy the impressive safari and trekking opportunities of East Africa, with good access to Kilimanjaro and the northern safari parks of Tanzania.

You can choose to relax and take in the beautiful vista of Mount Meru from your garden cottage verandah, enjoy a drink at the cosy bar with fireplace, or perhaps just laze at the pool or amid the tropical trees and coffee plants in the gardens.



This evening there will be a climb briefing covering kit, camping arrangements, and what to expect on the mountain (climate, altitude etc), as well as tomorrow's transfer times. This is a good chance to ask any questions you may have about the coming climb, particularly any concerns regarding kit.

Day 02 Start the 8-day Lemosho Route climb

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The itinerary below gives an eight day climb via Shira Plateau, the southern flank, Barranco Wall and Barafu route. The descent is via the new wilderness Mweka Route.

After orientation and a thorough kit check, we will register at Londorossi Gate (*please ensure that you send us your passport number and date of birth **before** the tour starts in order to ensure a quick registration.*) Then, a short drive towards the trailhead at 2,350m, from where we begin our trek through the rainforest to camp 1 at Big Tree (2,785m).

Lemosho is an exciting wilderness route, which we use to avoid the overcrowding common on the more popular Machame and Marangu routes. Our trek today will take us along a little-used track,

starting at the Lemosho Glades. In places the vegetation is so undisturbed that it grows right across the narrow track. Flora and fauna are richer here than on other, more trodden routes through the rainforest.

Day 03 To Shira Caldera

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The day begins with a tough trek involving a height gain of over 600m, taking us to a lunch stop in a beautiful valley just outside the Shira Crater at around 3,050m.

After lunch we head up a long ridge before dropping down into the Shira Caldera – a high altitude desert plateau rarely visited by man.

Shira is the third of Kilimanjaro's volcanic cones. It is filled with lava flow from Kibo, its rim eroded and blasted away by weather and volcanic action.

Today you can expect to get your first close views of Kibo – the dramatic summit cone of Kilimanjaro.

Camp at **Shira One** (3,500m).



Day 04 To Shira Huts

B, L, D

Today's is a comparatively easy trek, intended to help acclimatisation. Leaving camp this morning, we trek east across Shira Plateau before detouring to the top of Shira Cathedral (3,860m) – a high ridge with spectacular views.

Descending back into the crater from the ridge, we continue to our camp on the eastern slopes of Shira Crater, **Shira Huts** (3,895m).

Day 05 To Barranco Camp

B, L, D



A superb day's trek that takes us to the southern flank, then down the spectacularly scenic Barranco Valley to our camp at 3,900m, **Barranco Huts**. This is only slightly higher than our camp at Shira Huts, but our trek past Lava Tower will have taken us over 4,500 metres, providing valuable altitude acclimatisation.

Today the Lemosho route merges with Machame route, so you can expect to see more groups in camp tonight.

The camp at Barranco is one of the most spectacular on Kilimanjaro, with dramatic views of Kibo.

Today's trek will take approximately 7 hours, including the trek to Lava Tower.

Day 06 To Karanga Valley Camp

B, L, D

Early morning climb up Barranco Wall (4,270m), with 800ft. of steep climbing and 400ft. of easy ascent, to admire the views of Meru and the plains far below. We then continue on a steep ridge to **Karanga Valley Camp** (4,100m), where we have a relaxed afternoon and dinner.

This afternoon there will be an optional and highly useful acclimatization trek to just below the glaciers, which will allow you to try scree walking, for those members of the group with energy reserves to spare.

Day 07 To Barafu Ridge Camp

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Today we take the traverse route to reach **Barafu Ridge Camp** (4,680m), progressing at a slow but steady pace on account of the altitude. The trek up Barafu Ridge is tough and exposed to cross winds and the elements. Dinner will be served early and we encourage an afternoon bedtime in order to ensure you are well rested for tomorrow's attempt on the summit.

For those who with the extra stamina, there is an optional acclimatizing trek that will take you a few hundred feet higher, and which can be completed before dinner.

Day 08 Kilimanjaro Summit Climb

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Rise at midnight to commence the trek up the scree slopes between the Rebmann and Ratzel glaciers to Stella Point (5,735m), on the rim of the crater.

We expect to reach the crater around dawn, then continue around the rim to the highest point, **Uhuru Point** (5,895m) – the top of Africa! We take a moment to enjoy the amazing views from the summit, before returning to Stella point & then down the scree via Barafu Ridge to **Millennium Camp** (3,820m).



This is likely to be the toughest trek that most in the group will have ever experienced, involving approx. 1,200m of ascent, nearly 2,500m descent, and 12 to 15 hours of walking. Good effort!

Day 09 To the Gate via Mweka. Overnight Moivaro Lodge

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Walk down across the Alpine moorland and through the forested foothills to Mweka Gate (1,650m) for a picnic lunch, presentation of certificates and group photo. This is a long walk-off lasting 5 to 6 hours, and perhaps even longer if there is rain on the route.

As the southern flank tends to receive more rain, it is quite likely that you will encounter wet and very muddy conditions in the rainforest section on this last day. Please be prepared for this and do not expect an easy jaunt back to the gate! Nevertheless, the route is very beautiful and well worth the effort.

After lunch, we drive approx. 2 hours to Moivaro Lodge for a well-earned hot shower, dinner & rest!

Day 10 Departure

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The morning is at leisure at Moivaro Lodge. After lunch (this can be included with shared day room on request), unless you are continuing your trip with a safari or beach extension, you will be met by our driver for the transfer to Kilimanjaro Airport for your homeward flight.

Climb rates and booking information

For climb rates, please see our [Kilimanjaro price guide](#). Alternatively, [contact us](#) directly for a quote. We arrange both private and open group climbs on Kilimanjaro and Meru.

Trade and Safety Profile

- ❖ Gane and Marshall, founded in 1991, are licensed under ATOL number 3145.
- ❖ Gane and Marshall are bonded with ABTOT, the Association of Bonded Travel Organisers Trust, under membership number 5453.
- ❖ Gane and Marshall are members of the Institute of Mountain Medicine.
- ❖ Gane and Marshall are approved partners of IMEC (International Mountain Explorers Connection) – working for fair pay and conditions for Kilimanjaro porters and guides.
- ❖ Gane and Marshall fund guide scholarships through the Kilimanjaro Guide Scholarship Foundation.
- ❖ Gane and Marshall actively support the UK registered charity Community Projects Africa, funding and managing educational and health projects in East Africa. Ask to see the projects we support near Kilimanjaro.

One of the many references you will find on our website

I was extremely glad that I chose Gane and Marshall for my long awaited Kilimanjaro attempt. Route selection was excellent giving plenty and much needed time to acclimatise. You dealt extremely promptly and knowledgably with all my questions during the booking and preparation process and your information on training and gear was well informed and invaluable.

Our entire team of porters were friendly and helpful and all the facilities (camping, cooking and hygiene) were as good as could possibly be expected in mountain conditions. Our guide was well informed and extremely competent; he was as determined as us that we would get to the top and was an enormous help and support.

*The arrangements for the whole of our holiday ran smoothly and without worry and at all times we felt that we were in very good hands which made for a truly memorable and enjoyable holiday. Since returning home I have had no hesitation in recommending you to my friends. **John Foster and Family***

