

## Kalaw to Inle Lake

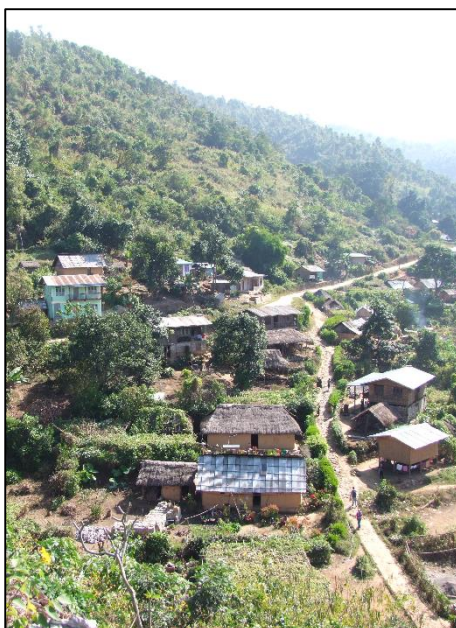
*8-day private Myanmar walking and sightseeing itinerary*



### Day 1: Arrive Yangon

Arrive Yangon. Depending on the time of your arrival we can arrange a guided sightseeing tour taking in the major sights, including Shwedagon Pagoda, the Bogyok Aung San Market, the colonial-era city centre, Lake Kandawgyi, and Yangon's Chinatown.

Overnight at Kandawgyi Palace Hotel.



### Day 2: Yangon to Kalaw

Fly to Heho, Shan State, on the AM flight.

On arrival in Heho you will be met by your guide and driver and continue to Kalaw (45 mins drive), a beautiful hill station surrounded by mountains. Kalaw is a peaceful summer resort with many lovely walks and fragrant pinewoods.

On arrival, check into Amara Mountain Resort for one night.

The rest of the afternoon is free to explore the town of Kalaw at leisure. Alternatively, we can arrange for an early evening tour, taking in the market, hilltop monastery and city viewpoint, and some of the town's old colonial-era landmarks such as the British railway station.

### ***Your Financial Protection***

All monies paid by you for the air holiday package shown [or flights if appropriate] are ATOL protected by the Civil Aviation Authority. Our ATOL number is ATOL 3145.

For more information see our booking terms and conditions.



### Day 3: Trek to Pyin Yar Village via Taryaw

Depart Kalaw on foot this morning and trek approx. 3-4 hours to Taryaw, a small Palaung tribal village nestled in the Shan Hills. This morning's trek will take you past tea and cheroot plantations and through the beautiful pine forests for which this region is famous. There are some wonderful viewpoints along the way.

In Taryaw you will have a chance to learn more about the animist Palaung tribe, whose costumes feature bright and saturated colours. It is common for married Palaung women to wear cane rings around their waists to indicate marital status.

After a picnic lunch at Taryaw village, continue on to Pyin Yar village via Shar Bin (3 hours). You stay tonight at a local homestay in Pyin Yar, where they will prepare for you a local dinner.

Total walking time: 7 hours. [Breakfast, Lunch, Dinner]

### Day 4: Trek to Htee Thein village

Depart Pyin Yar village early this morning. After three hours' trekking in the foothills you will reach Konlon, a small settlement where you can stop for lunch at a local restaurant.

The afternoon's trek will take your through quiet villages belonging to the Pao and Taung Yo people, before ending in Htee Thein village, where you stay in a local homestay.

Total walking time: 7 hours [Breakfast, Lunch, Dinner]





#### **Day 5: Trek to Indein on the shores of Inle Lake**

Today is your last trekking day. A walk of 4 to 5 hours through the Shan Hills will take you to Indein, on the shores of Inle Lake. On a clear day, you can expect beautiful views of the lake as you approach Indein.

Indein is the site of a 12<sup>th</sup> century pagoda complex, Shwe Indein, that has only very recently become accessible. The site consists of hundreds of gently-decaying stupas of varying sizes, neatly set out in compact lines, and partially obscured behind the dense foliage. It is said that the temples were built during the reign of King Narapatisithu.

After an optional stroll among the pagoda complex, trek through the bamboo forest to the jetty in Indein Village where you can take a boat onto Inle Lake. Enjoy a cruise on the lake, stopping at a local silver smith's workshop, before checking in at your hotel for the next three nights, the Myanmar Treasure Resort. [Breakfast]

#### **Day 6: Southern Inle Lake**

After breakfast depart on a full-day cruise across the vast, scenic expanse of Inle Lake. During the cruise you will have the chance to stop at the settlements of Samkar and Nampan, as well as a number of smaller Pa-O and Intha tribal villages in the region of Samkar and Hmawbi. You will be able to visit the ruined pagoda at Thakong, and you'll also learn more about various local industries and crafts, including rice wine and clay pottery. You'll also have the chance to visit a family who produce Phongyi, traditional robes made from lotus stems.

Cruising down Inle Lake, beautiful floating gardens, flowering trees and settlements dotted on both sides of the canal can be observed.

Overnight at Myanmar Treasure Resort. [Breakfast]

#### **Day 7: Inle Lake / Flight to Yangon**

Enjoy a half-day tour of Inle Lake. Travelling by private boat, you'll stop at a number of areas of interest, including a cheroot making factory, boat building workshop and silk weavers, as well as Inle's most prominent religious sites, including the famous jumping cat monastery and Phaung Daw Oo Pagoda. Perhaps the greatest pleasure, however, is simply exploring the lake itself, where you'll see fishing villages, lakeshore paddy fields, and floating gardens of water hyacinth and bamboo, tended to by the local Intha people. Return to your lodge late afternoon.



After checking out, transfer to Nyaung Shwe jetty by private boat and enjoy a scenic drive to Heho Airport for the flight to Yangon. On the way, you can stop at the red mountain estate Vineyard & Winery for a tour of the vineyards and wine tasting.

On arrival in Yangon, transfer to hotel. Overnight in Yangon. [Breakfast]

### Day 8: International Departure

Transfer to Yangon Airport for your return flight home. [Breakfast]

#### Price Guide:

The cost of this itinerary is **£1,245** per person, based on twin share and subject to availability at the time of booking.

#### Includes:

- All transfers in private A/C car
- Internal flights
- Accommodation and meals as described
- English speaking guides
- 3 days/ 2 nights trekking from Kalaw to Inle including accommodation in village homestays, meals, trekking guide and porter
- Boat fees for sightseeing
- Entrance fees

#### Excludes:

- International flights
- Meals (lunch and dinner) except during trekking (all meals provided)
- Gratuities
- Travel Insurance – ask us for a quote
- Items of a personal nature

