

## **ALTITUDE ACCLIMATISER TO RUN BEFORE KILIMANJARO CLIMBS**

Walk over 3000ms in the Crater Highlands and Lake Manyara

See page three for seasons and prices



**Day 1**      **Arusha / Ngorongoro Crater/ Ngorongoro Farmhouse**      **B, L, D**

You'll be collected from your hotel in Arusha early this morning (approx. 7am pick-up) and set off for Ngorongoro Crater, where you spend the afternoon game-viewing (with picnic lunch). The early start is in order to allow as much time as possible in Ngorongoro Crater.

Leaving Arusha, we drive past Lake Manyara and up the escarpment of the Great Rift Valley (taking a moment to consider the stunning views of the Lake and surrounding wilderness), then on to the Ngorongoro Conservation Area. Soon the crater rim is reached, from where you will have your first, amazing view down into the crater. The Crater, considered by many to be one of the Wonders of the world, is a spectacular self-enclosed eco-system and a home for over 20,000 animals. It is also one of the world's largest calderas (collapsed volcanoes) with a diameter of 18 km, and a depth of over 600m.

Game viewing in the crater is fantastic, with numerous species present, including the big cats, elephant, buffalo, hippo, rhino and also a rich array of birds, including huge flamingo flocks.

After the afternoon game drive in the Crater, continue to Ngorongoro Farm House for dinner and overnight.



### ***Ngorongoro Farm House***

*Ngorongoro Farm House is an exclusive lodge situated 5 kilometres from the Ngorongoro Lolduare gate, making it an ideal base from which to explore the famous crater and the surrounding crater highlands.*

### ***Your Financial Protection***

All monies paid by you for the air holiday package shown [or flights if appropriate] are ATOL protected by the Civil Aviation Authority. Our ATOL number is ATOL 3145.

For more information see our booking terms and conditions.

*Part of a 500 acre coffee farm, Ngorongoro Farm House offers cosy accommodation in spacious, self-contained cottages, scattered around beautiful gardens. Built in an attractive colonial style, the main building houses a lounge, restaurant and a large viewing deck that looks out towards Oldeani Volcano.*



**Day 2      Trek to over 3000ms on Ol Deani/ Ngorongoro Farmhouse      B, L, D**

After an early breakfast, drive to Ngorongoro Village on the northern slopes of Oldeani ('Bamboo' in Maasai) Mountain. The large dome-shaped peak towers over the village. Reaching its summit will be your goal.

The trek to Ol Deani's summit is a moderate ascent of about 1000m, mainly across open grassland, although there are also a few patches of bamboo forest to navigate. Reaching the summit (3188m) takes between 4 – 5 hours at a moderate walking pace. From the peak, you can look northeast across Ngorongoro and the whole Crater Highlands range, with excellent views all the way to Ol Doinyo Lengai if the weather is clear.

In the evening, drive back to your lodge for dinner and overnight.

**Day 3      Lake Manyara National Park – return to Arusha      B, L**

Today will see you journey back to Arusha, visiting Lake Manyara National Park en route.



Lake Manyara is one of Tanzania's most popular national parks, and although it covers only a small area, it has an impressive biological diversity that reflects its varied terrain. Here, substantial tracts of groundwater forest with giant fig and mahogany trees alternate with acacia woodland and open

grassland. Lake Manyara's hippo pool is famous, as are its tree-climbing lions. Like Ngorongoro, Manyara is noted for its wealth of bird life, with the Lake often visited by thousands of flamingos.



Elephant families and giraffes are usually abundant, and so too are warthogs and baboons. After watching so many larger mammals from a distance, watching the baboons up close, as they interact with one another, can be fascinating!

Mid-afternoon, after exploring Lake Manyara, it's time to return to Arusha and check in to your mountain hotel – ready to begin your Kilimanjaro climb the next day, already well-acclimatised to the altitude!

**2017 and 2018 SEASONS AND PRICES (Per person)**

<b>Group size</b>	<b>Green Season</b> <i>March to June and November</i>	<b>Main Season</b> <i>All other dates, except Christmas</i>	<b>Single Supplement</b>
1	£1622	£1733	included
2	£965	£1075	£92
3	£775	£886	£92
4	£682	£794	£92
5	£625	£736	£92
6	£588	£698	£92

*NB. A festive supplement of £32 per person per night applies to travel on 24<sup>th</sup> 25<sup>th</sup> 26<sup>th</sup> & 31<sup>st</sup> Dec.*

Please [contact our office](#) for larger group quotes.

**Prices include:**

- Accommodation and meals as per the itinerary
- Ground transportation in an 8-seater 4x4 safari vehicle (max. 7 window seats) with English speaking driver/guide.
- Game drives and park entry fees.
- Ngorongoro Crater driven tour and all entry fees
- Walking at Oldeani in Ngorongoro Crater Highlands.

***Important Note: accommodations are in demand in peak season so do book early.***