

Mount Kenya Routes & Rates ~ 2011

Routes & Rates applicable through 2011 subject to Park Fees not increasing			
	2 in group	3-4 in group	5-7 in group
4 Days Huts Sirimon Route	\$1,020	\$822	\$720
4 Days Camp Upgrade ** Sirimon Route	\$1,224	\$986	\$864
4 Days Huts Sirimon- Naro Moru Cross-over	\$1,104	\$882	\$774
4 Days Camp Upgrade ** Sirimon- Naro Moru Cross-over	\$1,325	\$1,058	\$928
5 Days Huts Sirimon-Chogoria	\$1,344	\$1,098	\$1,008
5 Days Camp Upgrade ** Sirimon-Chogoria	\$1,612	\$1,318	\$1,210
6 Days Huts Burguret-Chogoria Wilderness	\$1,560	\$1,320	\$1,200
6 Days Camp Upgrade ** Burguret-Chogoria Wilderness	\$1,872	\$1,584	\$1,440
7 Days Camp Upgrade ** Hell's Gate, Longonot & Mt.Kenya	\$2,478	\$2,130	\$1,980

** NB Those climbs marked “****Camp Upgrade**” offer extra staff and clients will have their own tents, instead of using the busy public, communal huts.

The last 8 dys Safari and Climb is only available on the Camp Upgrade basis.

The Routes: Our comments on the routes follow below. Please note that we recommend 5 days at least for those wishing to reach Point Lenana comfortably.

4 Days Easy Paced trek to the summit via the Sirimon Route

This itinerary is popular with larger trekking groups as well as individuals, especially groups that combine members of different abilities. The fact that the programme is designed to ascend and descend on the same trail makes it convenient in situations where some members of the group are unable to conquer the summit. The itinerary offers an easy pace up the mountain as well as 2 days of descent from the summit. Accommodation on the trip is offered in Mountain Bunkhouses unless the clients would prefer to camp.

Advice: For clients who would need to acclimatise more or spend more time at high altitude before summit, they could change the itinerary around so as to spend more time at Shipton's Camp before attempting the summit. This will definitely increase the chances of a successful summit attempt.

4 days Sirimon - Naro Moru Crossover

This itinerary is good for those seeking a mountain trek which they can accomplish within 4 or 5 days. This particular itinerary affords the mountain climbers a moderate hiking opportunity through the two most well developed trails with the best infrastructure on Mount Kenya. It is designed in such a way that both the pace of ascent and descent are comfortable to allow the hikers to enjoy their time while on the Mountain.

Our comment: Clients who feel the need for more acclimatisation before attempting the summit on the third day, may gain this by switching the program around slightly so as to spend 2 days at Shipton's Camp before attempting the summit on the morning of the fourth day and descend directly to roadhead that same day. This would definitely enhance the chance of a successful summit attempt for those who would have otherwise been unable to make it.

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5 Days Sirimon-Chogoria

The trip is preferred by those trekkers who have a little more time and want to enjoy the most scenic routes and features on Mt. Kenya. The trip starts in Nairobi or the base hotel (1950m) but with lunch at the hotel. You will be transferred after lunch to the park gate (2600m) and trek to spend a night at 3300m, having ascended a height not less than 1300m from the base. The second day is relatively demanding and will take you up to above altitude of 4000m having ascended for more than 900m. After the summit attempt (4985m) on the third day, the descent hike is gradual with opportunities to rest and study the alpine plants and animals with excellent view of the spectacular Gorge valley, numerous tarns and glaciers.

Our comment: *This really is a great overview of Mt Kenya. But bear in mind that traverse routes may require extra transfer fees if anyone wishes to descend early.*

5 Days Chogoria-Sirimon *The traverse trek offered in reverse for those climbers wishing to have a Rift Valley Lakes safari and a stay at Loldia House after the climb.*

6 Days Burguret-Chogoria Wilderness Trail with Summit Circuit

The most natural approach for trekking on Mt. Kenya combining the Burguret & Chogoria trails in 6 days. The trip is designed to combine the best of wildland trekking routes with a descent through the popular and gentle Chogoria Route.

It commences from Nairobi or the base Hotel (1950m.) with transfer after lunch to Gathuiru Forest Station (2000m.) for a 3 hours hike to first camp, Giant Bamboo Camp. The total ascent takes 3 days thus getting to the summit on the 4th. morning. The descent is down the scenic Chogoria trail.

7 Days to include not only a Mt.Kenya Circuit climb, but also a short safari in Hells Gate National Park and an acclimatising trek up Mt.Longonot, which over looks the Rift Valley Lakes - the Ultimate Kenya Trekking Experience!

The programme offers you our most popular Mt.Kenya departure. It packs in Hells Gate and Longonot but still leaves time for acclimatisation and a chance to experience either the wilderness Burguret Route or the Sirimon Route on magnificent Mt.Kenya.

Included in the programmes above:

1. Transport to and from the mountain either starting Mt rock Lodge or Nairobi.
NB: *Transport vehicle may be shared by clients, guide(s) and porters.*
2. Accommodation at the Base Hotel on full board basis, when it is included in the itinerary.
3. Mountain guide, cook and adequate porters according to your selected program.
4. All food and catering equipment for the mountain.
5. Accommodation in the mountain huts or in our camps according to your chosen itinerary.
7. All park entry charges.
8. Emergency rescue.
9. Storage of extra baggage in safe room while you are on the trek.
10. A certificate of achievement, as per height attained.

Not Included.

1. Personal hiking equipment
2. Travel Insurance
3. Purified drinking water and alcoholic beverages
4. Cost of Porters to carry any clients' personal luggage in excess of standard 18kg per client.

Technical Climbs to Batian and Nelion: please contact our office direct for itineraries and rates.

