

## Typical Lemosho Nine Days Kilimanjaro Itinerary

### Flights

| Flight | Date | From        | To          | Depart | Arrive | Airline       |
|--------|------|-------------|-------------|--------|--------|---------------|
| KQ101  |      | Heathrow    | Nairobi     | 2000   | 0630   | Kenya Airways |
| KQ6722 |      | Nairobi     | Kilimanjaro | 1000   | 1050   | Kenya Airways |
| KQ6725 |      | Kilimanjaro | Nairobi     | 1940   | 2030   | Kenya Airways |
| KQ102  |      | Nairobi     | Heathrow    | 2350   | 0645   | Kenya Airways |

**Tue 10 June Fly Heathrow to Kilimanjaro**

**Wed 11 June 1 night, Ilboru Safari Lodge, Kilimanjaro, Standard Room, Bed & Breakfast**

On arrival at the airport, you will be met by a driver/guide who will transfer you to Ilboru Safari Lodge, where you will be staying the following evening.



At Ilboru Safari Lodge Relax under the shade of well-placed trees in the gardens with the landscape dazzling your senses with vibrant colours accompanied by the sweet melodies of Tropical Bou Bou, Ibis and several other birds.

The lower main gardens provide the ideal spot for Cocktail and Barbeque parties as well as for group discussions or workshops.

The lodge setting has been designed to match the traditional surroundings without compromising international quality services. The rooms are situated in rondavels set in traditional style that is uniquely African, each with two self-contained

large rooms. Delightful in the extra space, every room is significantly larger than the normal standard found in similar tourist hotels and lodges, with twin beds and a balcony which provide picturesque views to the well kept grounds. There are 30 rooms in total of which some may be converted to cater for four VIP suites or family accommodation. They are tastefully decorated with traditional design themes. Each is appointed with native art and furniture. All rooms have telephones and private balconies with vistas of quiet, meticulously maintained gardens.

**Thu 12 Jun Start 9 Days Lemosho Route Kilimanjaro Climb, Standard Tent, Full Board**

After orientation and kit check, drive to and register at Londorossi Gate (*Please ensure to have your passport number and date of birth **before** the tour starts.*). Then drive to road head near Lemosho Glades, which you should reach in time for a picnic lunch.



Then start the trek through the rain forest to camp near Big Tree (9200ft/2800mts.). This is an exciting wilderness route. It is being used to avoid potential overcrowding on the Machame Route & to take the climbers to true wilderness zones. Our trek this day will be along a little used track known as Chamber's Route. In places the vegetation is so undisturbed by humans that it grows right across the narrow track. Flora and fauna are richer here than on other more popular routes through the rain forest.

**Fri 13 Jun Kilimanjaro Climb**



Today is a full days trek (7 to 8 hours.) with a height gain of over 2000 ft./600mts, taking us to a lunch stop at G&M One a beautiful valley just outside the Shira Crater at around 10,000 ft./3050mts. After lunch we cross into the Shira Caldera a high altitude desert plateau rarely visited by man. Shira is the third of Kilimanjaro's volcanic cones. It is both filled with lava flow from Kibo, and its rim eroded and blasted away by weather and volcanic action. Camp at Shira One (11500ft/3500mts.) This day expect the first close views of Kibo - the dramatic summit cone of Kilimanjaro.

**Sat 14 Jun Kilimanjaro Climb**

Two to three hour trek east across Shira Plateau, via Simba Camp to our camp on the eastern slopes of Shira The camp is located about 1 hours walk from Simba at around 12200ft./3720mts. Camp at G&M Two or Shira Hut (11500ft/3500mts.) *Optional and recommended early morning start for those wanting to try the acclimatizing trek to Shira Cathedral (12200ft. /3720mts.). The views from the top of this ridge are very special. Those with vertigo should take care.*



### Sun 15 Jun Kilimanjaro Climb

Today an interesting diversion to the North West flank of Kilimanjaro, a zone where very few people visit. Your destination is Moir Hut (13780ft. /4200mts.). A strange refuge hut was built here by the Sheffield University Mountaineering club.

Now blasted by wind and rain it forms a rather basic shelter for the support team; and you will camp in tents as normal. In the afternoon it is worth taking a guided trek up the nearby Lent Group - a series of wind-eroded parasite cones and ridges from whose upper slopes you can gaze down to the plains of Kenya in the north. You may be lucky and see the elusive and rare Kilimanjaro eland (a long haired antelope) high in these remote uplands. Wear good boots and take waterproofs, water and snacks for this half day trek and be prepared to scramble on the slopes of the Lent Group (15400ft. /4700mts.).

### Mon 16 Jun Kilimanjaro Climb



After excellent altitude acclimatization you can enjoy a superb days trekking that takes you to the southern flank, passing down the Barranco Valley to the camp at Barranco Wall. Here we camp at 12800 ft. /3900 mts. And en route the walk will have taken us over 15000ft. /4600 mts. offering more valuable altitude acclimatization.

The camp at Barranco is one of the most spectacular on Kilimanjaro; but be prepared to meet (from now on) lots of other climbers who have come up Shira and Machame route. This days trek will take approximately 7 hours.

### Tue 17 Jun Kilimanjaro Climb

Early morning climb up Barranco Wall (14,000ft. /4270 mts.), with a height gain of 800ft steep and 400 feet easy) to admire the views of Meru and the plains far below. Then continue across the ridges and valleys to Karanga Valley Camp (13500ft. /4100mts.) where we will have a relaxing afternoon and dinner. Optional trek to visit the first ice and try scree walking. Once again this afternoon trek is strongly recommended if you are feeling strong.

The altitude acclimatisation will help you on the morrow and on summit day.

*NB: As with all these extra treks to remote places on the Kilimanjaro Massif, we cannot emphasise enough the need to stay with your guides*

### Wed 18 Jun Kilimanjaro Climb

Today take the traverse route to reach Barafu Ridge camp (16,000ft./4870mts.) Now moving very slowly because of the altitude, the trek up Barafu Ridge is tough and exposed to cross winds and the elements. Dinner will be early with an afternoon sleep to rest before the summit trek.

**Thu 19 Jun Kilimanjaro Climb**



Rise around midnight to commence the trek up scree slopes to Stella Point on the rim (18860ft. /5750mts.). We should reach this point at dawn and then continue around the rim to the highest point Uhuru Point (19340ft. /5895mts.).

A few precious moments to enjoy the amazing views before we return to Stella point & descend the scree via Barafu Ridge to Mweka Millennium/High Camp (11,500ft. /3500mts). This is to be the toughest day that most trekkers have ever experienced, involving 3340ft. /1020mts. of ascent, 7800ft./2390mts. descent, and 12 to 15 hours walking. It is victory day.

**Fri 20 Jun 1 night, Ilboru Lodge, Arusha, Standard Room**

Walk down across the Alpine moor land to Mweka Gate for picnic, presentation of certificates & photos. Please note that this is a long 5 to 6 hours walk-off (some trekkers need even longer) especially if there is rain on the route. As the southern flank tends to be wet, it is quite likely that you will encounter wet and very muddy conditions in the rainforest section on this last day. Please be prepared for this and do not expect an easy jaunt back to the gate! Nevertheless the route is very beautiful and worth the effort. After a picnic lunch drive to Ilboru Lodge for a welcome hot shower, dinner and overnight.

**Sat 21 Jun Flight Home**

Spend the morning at leisure at Ilboru Lodge. After lunch, late afternoon you will be met by a representative for the transfer to Kilimanjaro Airport for your flight to London Heathrow via Amsterdam.

**Safari Add-On**

*Numerous options for safaris can be arranged to follow your climb. All at affordable prices, from one day to one week safaris, camping or lodge, or both.*



**Zanzibar Add-On**

*A four night visit to the tropical island of Zanzibar will add upwards from £400 to your tour cost. This includes all regional flights, transfers, and half board in a simple East Coast hotel.*



- ✍ Gane and Marshall are also approved partners of IMEC (International Mountain Explorers Connection)– working for fair pay and conditions for Kilimanjaro porters and guides.
- ✍ Gane and Marshall are members of the Institute of Mountain Medicine.

